

# FLYNN Catering

## PIMP MY PLATTER ORDER FORM

**If our platter collections aren't enough, create your own!**

But you'll need to order 2 business days in advance, and minimum order is \$50

**GF:** Gluten friendly | **VG:** Vegan | **V:** Vegetarian | **L:** Lactose friendly | **OR:** On request

### SANDWICHES, ROLLS + WRAPS

\$6.25 EACH

FILLINGS	BREAD + DIETARY REQUIREMENTS				QTY MIN OF 4 PER FILLING
Avocado and chickpea smash with salad (V,VG,L) (GFOR)	<input type="checkbox"/> White <input type="checkbox"/> Sandwich	<input type="checkbox"/> Wholemeal <input type="checkbox"/> Roll	<input type="checkbox"/> Multigrain <input type="checkbox"/> Wrap	<input type="checkbox"/> Gluten Friendly	
Egg mayonnaise (V, L) (GFOR)	<input type="checkbox"/> White <input type="checkbox"/> Sandwich	<input type="checkbox"/> Wholemeal <input type="checkbox"/> Roll	<input type="checkbox"/> Multigrain <input type="checkbox"/> Wrap	<input type="checkbox"/> Gluten Friendly	
Leg ham, cheese, tomato relish (GFOR)	<input type="checkbox"/> White <input type="checkbox"/> Sandwich	<input type="checkbox"/> Wholemeal <input type="checkbox"/> Roll	<input type="checkbox"/> Multigrain <input type="checkbox"/> Wrap	<input type="checkbox"/> Gluten Friendly	
Poached salmon, red onion, capers and dill mayo (L) (GFOR)	<input type="checkbox"/> White <input type="checkbox"/> Sandwich	<input type="checkbox"/> Wholemeal <input type="checkbox"/> Roll	<input type="checkbox"/> Multigrain <input type="checkbox"/> Wrap	<input type="checkbox"/> Gluten Friendly	
Roast beef and horseradish cream (L) (GFOR)	<input type="checkbox"/> White <input type="checkbox"/> Sandwich	<input type="checkbox"/> Wholemeal <input type="checkbox"/> Roll	<input type="checkbox"/> Multigrain <input type="checkbox"/> Wrap	<input type="checkbox"/> Gluten Friendly	
Roast chicken, avocado and honey mustard dressing (L) (GFOR)	<input type="checkbox"/> White <input type="checkbox"/> Sandwich	<input type="checkbox"/> Wholemeal <input type="checkbox"/> Roll	<input type="checkbox"/> Multigrain <input type="checkbox"/> Wrap	<input type="checkbox"/> Gluten Friendly	
Roast Vegetable, spinach and quinoa (V,VG,L)	<input type="checkbox"/> White <input type="checkbox"/> Sandwich	<input type="checkbox"/> Wholemeal <input type="checkbox"/> Roll	<input type="checkbox"/> Multigrain <input type="checkbox"/> Wrap		
Salami, tomato and cheese (GFOR)	<input type="checkbox"/> White <input type="checkbox"/> Sandwich	<input type="checkbox"/> Wholemeal <input type="checkbox"/> Roll	<input type="checkbox"/> Multigrain <input type="checkbox"/> Wrap	<input type="checkbox"/> Gluten Friendly	
Turkey and cranberry (L) (GFOR)	<input type="checkbox"/> White <input type="checkbox"/> Sandwich	<input type="checkbox"/> Wholemeal <input type="checkbox"/> Roll	<input type="checkbox"/> Multigrain <input type="checkbox"/> Wrap	<input type="checkbox"/> Gluten Friendly	
Vegan Egg (Tofu) Salad (V,VG,L) (GFOR)	<input type="checkbox"/> White <input type="checkbox"/> Sandwich	<input type="checkbox"/> Wholemeal <input type="checkbox"/> Roll	<input type="checkbox"/> Multigrain <input type="checkbox"/> Wrap	<input type="checkbox"/> Gluten Friendly	

## HOT SAVOURY

\$2.75 PER PIECE

ITEM	DIETARY REQUIREMENTS			QTY
				MIN OF 6 PER ITEM
Signature sausage rolls with tomato sauce				
Chicken tenders with peri peri mayo				
Flame grilled meatballs with tomato relish				
BBQ buffalo wings with aioli (GF, L)				
Chorizo arancini balls with smokey capsicum sauce				
Cauliflower buffalo bites with aioli (GF, VG, L)				
Prawn Gyoza with dipping sauce				
Vegetable Gyoza with dipping sauce (V)				
Bacon and zucchini muffins (GFOR, LOR)	<input type="checkbox"/> Gluten Friendly	<input type="checkbox"/> Lactose Friendly		
Zucchini, sun dried tomato and feta muffins (V) (GFOR, VGOR, LOR)	<input type="checkbox"/> Gluten Friendly	<input type="checkbox"/> Lactose Friendly	<input type="checkbox"/> Vegetarian	
Quiche Lorraine				
Broccoli and cheese quiche (V)				
Lentil rolls (V)				
Sticky tofu bites (VG, V, L)				

# NAUGHTY TREATS

\$2.75 PER PIECE

ITEM	DIETARY REQUIREMENTS			QTY MIN OF 6 PER ITEM
Freshly baked scones with berry jam and cream				
Flynn's signature brownies (GFOR)(LOR)	<input type="checkbox"/> Gluten Friendly	<input type="checkbox"/> Lactose Friendly		
Flynn's signature lamingtons				
Flynn's signature carrot cupcakes (GFOR) (VGOR) (LOR)	<input type="checkbox"/> Gluten Friendly	<input type="checkbox"/> Lactose Friendly	<input type="checkbox"/> Vegan	
Freshly baked Anzac cookies				
Freshly baked double choc chip cookies				
Freshly baked banana bread (GFOR) (VGOR) (LOR)	<input type="checkbox"/> Gluten Friendly	<input type="checkbox"/> Lactose Friendly	<input type="checkbox"/> Vegan	
Freshly baked Blueberry muffins (GFOR) (VGOR) (LOR)	<input type="checkbox"/> Gluten Friendly	<input type="checkbox"/> Lactose Friendly	<input type="checkbox"/> Vegan	
Freshly baked choc chip muffins				
Mud cake (GFOR) (VGOR) (LOR)	<input type="checkbox"/> Gluten Friendly	<input type="checkbox"/> Lactose Friendly	<input type="checkbox"/> Vegan	
Almond and orange cake (GF)				
Assorted macarons (GF)				
Date, coconut and apricot balls (GF,VG,L)				
Assorted danishes				
Caramel slice				

## OTHER PLATTERS + SALADS

\$4PP | ANTIPASTO - \$10PP

ITEM	DIETARY REQUIREMENTS			PAX MIN 10 PEOPLE
Antipasto platter (GFOR)	<input type="checkbox"/> Gluten Friendly			
Fruit platter (GF,VG,V,L)				
Basic cheese platter (GFOR) (VOR) (VGOR)	<input type="checkbox"/> Gluten Friendly	<input type="checkbox"/> Vegan	<input type="checkbox"/> Vegetarian	
Crudites platter (GFOR) (VOR) (VGOR) (LOR)	<input type="checkbox"/> Gluten Friendly <input type="checkbox"/> Lactose Friendly	<input type="checkbox"/> Vegan	<input type="checkbox"/> Vegetarian	
Caesar salad (GFOR)	<input type="checkbox"/> Gluten Friendly			
Caesar salad with chicken (GFOR)	<input type="checkbox"/> Gluten Friendly			
Roast vegetable and spinach salad with balsamic glaze, topped with pepitas and crumble feta (GF,V) (VGOR) (LOR)	<input type="checkbox"/> Lactose Friendly	<input type="checkbox"/> Vegan		
Vegetarian protein salad – garden salad with boiled egg, spiced chickpeas and quinoa (V,L) (VGOR)	<input type="checkbox"/> Vegan			

## LONELY PLATTERS

\$12.50 PER PLATTER

PLATTER	NUMBER OF INDIVIDUAL PLATTERS
Gluten friendly	
Gluten friendly & lactose friendly	
Gluten friendly and vegetarian	
Gluten friendly, vegetarian, lactose friendly	
Lactose friendly	
Vegetarian	
Vegetarian & lactose friendly	
Vegan	

## YOUR DETAILS

Name: .....

Phone: .....

Email: .....

## PICK UP

Pick up date: .....

Pick up time: .....

## DELIVERY

Delivery date: .....

Delivery time: .....

Location: .....

Delivery contact: .....

Delivery contact phone number: .....

## OTHER INFO

Special order: .....

Instructions: .....

Dietary requirements: .....

## PAYMENT METHOD

Credit Card

Purchase Order

Please email to [johnflynncollege@jcu.edu.au](mailto:johnflynncollege@jcu.edu.au) and we'll get back to you soon!

FRESH. WITH LOVE.

